

November 2022

# The Brightside of Life

Smile of the Month

Invisalign Special Offer

Practice & Community  
News

  
*Home of Calm and Gentle Dentistry*



Your Invisalign Black Friday Offer

**brightside  
dental**  
*Home of Calm and Gentle Dentistry*



 **invisalign**<sup>®</sup>

**BLACK FRIDAY  
SPECIAL OFFER**

**SAVINGS WORTH  
£1,800**

Only available  
18th & 19th November 2022  
Limited spaces

To book your **FREE\***  
consultation  
please visit:

[clearbracesboundsgreen.co.uk](http://clearbracesboundsgreen.co.uk)

or call reception

**020 8106 0519**

**early  
bird  
offer**

**SCAN ME**



\*£40 deposit to secure booking. Fully refunded on attendance for consultation



## Smile of the Month

### Brightside Smile of the Month – November 2022

**BEFORE**



**AFTER**



*Dr Ronit Patel*

**brightside  
dental**  
*Home of Calm and Gentle Dentistry*

Conor visited Brightside Dental as he was unhappy with the appearance of his front left discoloured tooth.

Following a consultation with Dr Ronit Patel and a discussion of all the available treatment options, Conor chose to have a root canal treatment followed by internal and external bleaching of the discoloured tooth.

The root canal treatment was completed in one session, and then the whitening process was carried out over a few months, under regular review.

This was a minimally invasive and conservative treatment approach to improve the health and aesthetics of the discoloured tooth.

Other options would have included porcelain veneers or a crown (which requires preparation of the external surface of the tooth), but as you can see from the final outcome, taking a conservative approach can get excellent results.

Conor's treatment consisted of:

- Comprehensive examination including radiographs and digital photographs
- Discussion of all options for improving the look of the discoloured front left tooth
- Root canal treatment on the upper left front tooth
- Internal and external bleaching (whitening) to naturally improve the colour of the tooth
- Final restoration and polishing to seal the tooth

Here's what Conor had to say about his treatment:



If you would like to know more about how we could help improve your smile, you can phone the practice at 020 88884401 or email:

[info@brightsidedental.co.uk](mailto:info@brightsidedental.co.uk)

### Dr Ronit Patel



Associate Dentist  
BDS (Sheff) 2012

Ronit qualified from the University of Sheffield in 2012 and has since gained a wide range of experience working in practices in Wales, Surrey and Central London.

His philosophy is to practice minimally invasive dentistry, with an emphasis on prevention to create happy smiles!

He is a certified Invisalign provider and understands the individual differences of each smile.

Through being a certified dental seditionist, Ronit is experienced in treating patients who have anxieties and phobias about dental care.



# New Local Medical Diagnostic Service

This is a new service that has been set up by own doctor and may be useful for those who don't want to have lengthy waits for an NHS appointment, and a more affordable option than private hospital visits if you don't have insurance.



Quote code  
**LDC10**  
to get  
**10% Discount**

-  Private ultrasound appointments
-  Private GP appointments
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Centre**

London Diagnostic Centre, At the rear of Grovelands Medical Centre,  
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## Team News



### Team Anniversaries

Three of our wonderful team members celebrated anniversaries at the practice recently.

Firstly, we marked Simona and Karolina's anniversaries. They are both excellent Dental Nurses have been part of our team for four and five years respectively. Our marvellous Practice Manager Elena has also now been with us for 9 years!

Time certainly flies and we'd like to thank all three ladies for their hard work and dedication.

KAROLINA  
5 YEARS



ELENA  
9 YEARS



SIMONA  
4 YEARS



## What our patients say about us

You can share your feedback on your experience at Brightside Dental [here](#), or go to:

[www.bright-sidedental.co.uk/testimonials](http://www.bright-sidedental.co.uk/testimonials)



**Debbie Bidewell**



Excellent dentist, latest tech used to provide superior services and friendly customer service on top. Smart flexible payment options make regular dentistry simple to maintain and special services affordable. Highly recommended.



**Isobel Brown**



Went to see Paarth Darbar today and was absolutely dreading it as the big molar which already had a big filling had a piece of tooth broken away. It was such a relief as the treatment went really well. Not nearly the ordeal I had anticipated. We also discussed another issue, and I came away much relieved and feeling relaxed. He's always gentle, calm and informative. He considers the individual and offers solutions/ alternatives as needed.



**Kamal Amanullah**



Very polite and courteous staff. Very clean environment. Latest technology. Knowledgeable and caring Dentist and hygienist. Keep you informed through each step. My wife and I and both our daughters have been with them since 2019 and have nothing but praise for all the staff, Dentists and Hygienist. They are all a credit to the profession. Long may it continue.



**Mauro Vairetti**



It has been 4 years now that I have been with Brightside Dental, and I have never been disappointed! I enjoy going to the clinic despite living far away because I know I'll have nice chats with the staff and great service.

FOR MORE INFORMATION ON CALM AND GENTLE DENTISTRY

[www.bright-sidedental.co.uk](http://www.bright-sidedental.co.uk) | [info@bright-sidedental.co.uk](mailto:info@bright-sidedental.co.uk) | 020 88884401